

Use this checklist to discuss your symptoms and testing options with your doctor or other healthcare provider.

## SYMPTOMS

Chest discomfort, tightness, pain, or pressure



Shortness of breath



Tightness or pressure in throat, jaw, shoulder, abdomen, back, or arm



Squeezing, heaviness, or burning sensation in the upper body



Abdominal discomfort or fullness



Indigestion or heartburn



Nausea



Dizziness or light-headedness



Palpitations or awareness of heartbeat



Vomiting



## RISK FACTORS\*

- High cholesterol
- Family history of heart disease
- Smoking
- Postmenopausal
- High blood pressure
- Other vascular disease
- Overweight

\*This is not a comprehensive list of risk factors. Your doctor may discuss other risk factors that may be in your medical records.

<sup>†</sup>Obstructive CAD is defined as at least one atherosclerotic plaque causing  $\geq 50\%$  luminal diameter stenosis in a major coronary artery ( $\geq 1.5$  mm lumen diameter) as determined by invasive quantitative coronary angiography (QCA) or core-lab computed tomography angiography (CTA) ( $\geq 2.0$  mm).

